Empire 8 Championships

Kerr-Pegula Fieldhouse, Houghton College - 2/24/2018

Results

Women 60 Meter Dash

Meet: 7.88 & 2/13/2016 Sarah Werner
Facility: 7.65 # 1/19/2018 Chelsea Hayward
AARTFC: 8.05 *

Preliminaries

	Name	Yr	School	Prelims
1	Tekitha Posey	FR	Utica	* 7.98Q
2	Gina Dello Russo	SO	Stevens Inst	* 7.99Q
3	Tayler Dence	SO	St. John Fisher	* 7.99q
4	Anaelle Amy	SR	Utica	* 8.01q
5	Julianne Emerson	FR	Utica	8.08q
6	Lauren Wiard	SO	St. John Fisher	8.11q
7	Haley Brust	JR	St. John Fisher	8.25q
8	Grace Windschitl	SO	St. John Fisher	8.37q
9	Erica Pawlewicz	JR	St. John Fisher	8.38
10	Jayme Connolly	FR	Utica	8.43
11	Danielle Sloan	FR	Houghton	8.49
12	Megan Alper	SO	Alfred	8.52
13	Michelle Rodriguez	SR	Utica	8.60
14	Carly Tebolt	JR	Utica	8.90
15	Mikaela Hummel	SO	Houghton	8.99
16	Amanda Cohen	FR	Nazareth	9.02

Women 60 Meter Dash

Meet: 7.88 & 2/13/2016 Sarah Werner
Facility: 7.65 # 1/19/2018 Chelsea Hayward
AARTFC: 8.05 *

Finals

	Name	Yr	School	Finals	
1	Tayler Dence	SO	St. John Fisher	7.90*	10
2	Anaelle Amy	SR	Utica	7.94*	8
3	Tekitha Posey	FR	Utica	8.04*	6
4	Julianne Emerson	FR	Utica	8.08	4
5	Gina Dello Russo	SO	Stevens Inst	8.11	2
6	Lauren Wiard	SO	St. John Fisher	8.12	1
7	Haley Brust	JR	St. John Fisher	8.35	
8	Grace Windschitl	SO	St. John Fisher	8.44	

Women 200 Meter Dash

Meet: 25.94 & 2010 Marcia McCord
Facility: 24.32 # 2/18/2017 Chelsea Hayward
AARTFC: 26.75 *

Finals

	Name	Yr	School	Finals	
1	Gina Dello Russo	SO	Stevens Inst	25.27&	10
2	Tekitha Posey	FR	Utica	26.50*	8
3	Tayler Dence	SO	St. John Fisher	26.52*	6
4	Megan Alper	SO	Alfred	26.99	4
5	Julianne Emerson	FR	Utica	27.13	2
6	Michelle Rodriguez	SR	Utica	27.48	1
7	Erica Pawlewicz	JR	St. John Fisher	27.60	
8	Anaelle Amy	SR	Utica	27.77	
9	Grace Windschitl	SO	St. John Fisher	27.98	
10	Gwen Stokes	SO	Houghton	28.44	
11	Lauren Wiard	SO	St. John Fisher	28.55	
12	Carly Tebolt	JR	Utica	29.51	
13	Madelyn Kruth	FR	Houghton	29.70	

Women 400 Meter Dash

Meet: 57.65 & 2004 Sheri Kelleher
Facility: 56.16 # 2/18/2017 Chelsea Gilles
AARTFC: 1:00.20 *

Finals

	Name	Yr	School	Finals	
1	Gina Dello Russo	SO	Stevens Inst	58.51*	10
2	Edena Sanchez	FR	Houghton	59.03*	8
3	Alycia Atwell-Chwazik	JR	Nazareth	59.91*	6
4	Maria Staehr	SO	Nazareth	1:00.92	4
5	Elisabeth Tate	FR	Houghton	1:02.46	2
6	Lexi Albano	SO	Utica	1:03.74	1
7	Madelyn Kruth	FR	Houghton	1:04.06	
8	Sydney Swan	FR	St. John Fisher	1:05.65	
9	Breanna Featherson	SO	Utica	1:06.04	
10	Brittany Charlonne	JR	Utica	1:06.26	
11	Lynette Okoth	SO	Utica	1:09.08	
12	Kietarah Czebiniak-Manci	SR	St. John Fisher	1:11.15	

Women 800 Meter Run

Meet: 2:17.00 & 2004 Emily Maston
Facility: 2:17.69 # 2/18/2017 Destinee Allen
AARTFC: 2:22.50 *

Finals

	Name	Yr	School	Finals	
1	Claire Tantillo	SO	Stevens Inst	2:24.96	10
2	Makenna Cooley	SR	Utica	2:25.04	8
3	Brea Veilleux	SO	Stevens Inst	2:25.13	6
4	Lydia Dewart	FR	Nazareth	2:25.60	4
5	Paige Metzheiser	JR	Stevens Inst	2:26.17	2
6	Jenessa McCabe	JR	Utica	2:26.82	1
7	Deirdre Brett	FR	Nazareth	2:28.69	
8	Juliette Miller	JR	St. John Fisher	2:29.58	
9	Emily Blosdale	FR	Houghton	2:33.96	
10	Isabella Wiley	FR	Stevens Inst	2:34.10	
11	Julia Hotchkiss	FR	Houghton	2:35.03	
12	Gabriella Dunkelberg	SO	St. John Fisher	2:37.42	
13	Kelly Artini	FR	Nazareth	2:39.31	
14	Lesley Nicosia	SO	Utica	2:40.68	
15	Abbey Naylor	SO	Houghton	2:41.90	
16	Christina Platt	FR	Utica	2:42.76	
17	Sofia White	FR	Utica	2:46.37	
18	Bryanna Mazzella	SO	Utica	2:51.79	
---	Mikayla Gaffney	FR	Houghton	DNS	

Women 1 Mile Run

Meet: 5:03.64 & 2/13/2016 Taryn Cordani
Facility: 5:02.91 # 1/22/2016 Laura Morrison
AARTFC: 5:17.00 *

Finals

	Name	Yr	School	Finals	
1	Mary Visca	JR	Stevens Inst	5:11.68*	10

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Finals ... (Women 1 Mile Run)

	Name	Yr	School	Finals	
2	Emily Thompson	SR	Nazareth	5:15.58*	8
3	Brea Veilleux	SO	Stevens Inst	5:26.26	6
4	Deirdre Brett	FR	Nazareth	5:27.88	4
5	Brenna Lyons	JR	St. John Fisher	5:28.87	2
6	Renee Lewis	JR	Utica	5:29.65	1
7	Juliette Miller	JR	St. John Fisher	5:39.82	
8	McKayla Crawford	SO	St. John Fisher	5:48.01	
9	Elizabeth Darling	FR	Utica	5:59.77	
10	Holly Passetti	FR	Alfred	6:06.12	
11	Olivia Donato	JR	Houghton	6:12.40	
---	Katrina Scalzo	SR	Utica	DNS	

Women 3000 Meter Run

Facility: 9:53.53 # 1/23/2016 Abbey Wheeler

AARTFC: 10:40.00 *

Finals

	Name	Yr	School	Finals	
1	Mary Visca	JR	Stevens Inst	10:25.35*	10
2	Emily Thompson	SR	Nazareth	10:30.61*	8
3	Kaitlyn Stinson	JR	Utica	10:55.38	6
4	Kristen Okorn	SR	Stevens Inst	11:01.37	4
5	Kiera Sheridan	JR	Stevens Inst	11:02.07	2
6	Renee Lewis	JR	Utica	11:02.59	1
7	Jessica Ostrowski	FR	Utica	11:22.28	
8	Maggie Reid	JR	Utica	11:23.13	
9	McKayla Crawford	SO	St. John Fisher	11:24.04	
10	Claire Ludington	SR	Nazareth	11:27.20	
11	Brenna Lyons	JR	St. John Fisher	11:30.57	
12	Kristin McAtee	FR	Stevens Inst	11:42.61	
13	Lauren Logan	SR	Stevens Inst	12:15.24	
14	Sarina Cannavo	SO	Utica	12:47.08	

Women 5000 Meter Run

Meet: 17:41.92 & 2/13/2016 Amy Regan

Facility: 17:31.38 # 2/17/2017 Kaylee Large

AARTFC: 18:45.00 *

Finals

	Name	Yr	School	Finals	
1	Kaitlyn Stinson	JR	Utica	18:32.68*	10
2	Shelby Langlois	SO	Houghton	19:03.99	8
3	Kristen Okorn	SR	Stevens Inst	19:18.25	6
4	Claire Ludington	SR	Nazareth	19:43.80	4
5	Kristin McAtee	FR	Stevens Inst	20:07.34	2
6	Kristin Daino	FR	Utica	20:53.22	1
7	Anja Oberg	FR	Houghton	20:59.87	
8	Shannon Pigott	FR	Houghton	20:59.96	
9	Hannah Hullihen	FR	Nazareth	21:16.47	
10	Gianna Martel	FR	Houghton	21:45.56	
11	Gabby Pfeifer	FR	Houghton	21:48.86	

Women 60 Meter Hurdles

Meet: 9.03 & 2012 Emma Dewart

Facility: 8.71 # 2/18/2017 Leah Molter

AARTFC: 9.47 *

Preliminaries

	Name	Yr	School	Prelims
1	Tayler Dence	SO	St. John Fisher	9.52Q
2	Michelle Rodriguez	SR	Utica	10.27Q
3	Brittany Charlonne	JR	Utica	10.25q
4	Melissa Barnes	SO	Stevens Inst	10.44q
5	Shannon Gleason	FR	Utica	10.49q
6	Sarah Errington	FR	St. John Fisher	10.49q
7	Amelia Perry	FR	St. John Fisher	10.64q
8	Cora Maxwell	SO	Utica	10.71q
9	Leanne Plunkett	FR	Houghton	11.57
10	Katelyn DiViccaro	FR	Utica	13.13

Women 60 Meter Hurdles

Meet: 9.03 & 2012 Emma Dewart

Facility: 8.71 # 2/18/2017 Leah Molter

AARTFC: 9.47 *

Finals

	Name	Yr	School	Finals	
1	Tayler Dence	SO	St. John Fisher	9.67	10
2	Shannon Gleason	FR	Utica	10.11	8
3	Brittany Charlonne	JR	Utica	10.14	6
4	Michelle Rodriguez	SR	Utica	10.14	4
5	Melissa Barnes	SO	Stevens Inst	10.29	2
6	Sarah Errington	FR	St. John Fisher	10.30	1
7	Amelia Perry	FR	St. John Fisher	10.55	
8	Cora Maxwell	SO	Utica	10.62	

Women 4x400 Meter Relay

Meet: 4:08.43 & 2/13/2016 St. John Fisher

C Cleveland, S Saccone, E Strong, J Colmerauer

Facility: 3:53.11 # 2/18/2017 Oklahoma Baptist

M Mitchell, R King, A Mayfield, K Barnes

AARTFC: 4:10.00 *

Finals

	Team	Relay	Finals	
1	Nazareth		4:10.67	10
	1) Alycia Atwell-Chwazik JR	2) Lydia Dewart FR		
	3) Deirdre Brett FR	4) Maria Staehr SO		
2	Houghton		4:10.76	8
	1) Kate Taggart SR	2) Emma Fox SO		
	3) Elisabeth Tate FR	4) Edena Sanchez FR		
3	Utica		4:11.49	6
	1) Julianne Emerson FR	2) Tekitha Posey FR		
	3) Makenna Cooley SR	4) Lexi Albano SO		
4	Stevens Institute		4:11.70	4
	1) Melissa Barnes SO	2) Claire Tantillo SO		
	3) Paige Metzheiser JR	4) Gina Dello Russo SO		

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Finals ... (Women 4x400 Meter Relay)

	Team	Relay	Finals	
5	St. John Fisher		4:23.69	2
	1) Sydney Swan FR	2) Norah Arnold SO		
	3) Tayler Dence SO	4) Emily Dyson FR		
6	Alfred		4:46.70	1
	1) Gabrielle Griffin SO	2) Holly Passetti FR		
	3) Megan Sadowitz JR	4) Kristina Roberts SO		

Women Distance Medley

Meet: 11:59.16 & 2004 Ithaca
Cravotta, McQuarrie, Maston, Laytham

Facility: 12:19.93 # 2/17/2017 Dallas Baptist
D Rimann, V Parker, C Sato, H Moore

AARTFC: 13:15.00 *

	Team	Relay	Finals	
Finals				
1	Houghton		13:14.07*	10
	1) Emily Blosdale FR	2) Emma Fox SO		
	3) Kate Taggart SR	4) Mikayla Gaffney FR		
2	Stevens Institute		13:41.34	8
	1) Kiera Sheridan JR	2) Paige Metzheiser JR		
	3) Isabella Wiley FR	4) Lauren Logan SR		
3	St. John Fisher		13:45.66	6
	1) Sydney Swan FR	2) Emily Dyson FR		
	3) Norah Arnold SO	4) Gabriella Dunkelberg SO		
4	Utica		13:57.60	4
	1) Elizabeth Darling FR	2) Breanna Featherson SO		
	3) Bryanna Mazzella SO	4) Jessica Ostrowski FR		
5	Nazareth		15:06.15	2
	1) Kelly Artini FR	2) Kaitlyn Dobbertin FR		
	3) Amanda Cohen FR	4) Megan Menz SO		

Women High Jump

Meet: 1.70m & 2/14/2015 Gladys Njoku
Facility: 1.70m # 2/14/2015 Gladys Njoku
AARTFC: 1.58m *

	Name	Yr	School	Finals	
Finals					
1	Gina Dello Russo	SO	Stevens Inst	1.63m*	10
2	Gwen Stokes	SO	Houghton	1.58m*	8
3	Haley Brust	JR	St. John Fisher	1.58m*	6
4	Abigail Guidarelli	SO	Utica	1.48m	3
4	Franny Sariego	SO	Alfred	1.48m	3
6	Sammi Pearson	SO	Stevens Inst	1.48m	0.5
6	Megan Sadowitz	JR	Alfred	1.48m	0.5
8	Shannon Gleason	FR	Utica	1.48m	
9	Stephanie Feathers	FR	Utica	1.43m	
10	Sara Thomas	JR	Nazareth	1.43m	
11	Elizabeth Swasey	JR	Utica	1.38m	
11	Holly Kalil	SO	Utica	1.38m	
13	Kourtnee Allen	SO	Utica	1.38m	
---	Emily Mildner	FR	Utica	DNS	

Women Pole Vault

Meet: 4.25m & 2/11/2017 Katherine Pitman
Facility: 3.97m # 2/17/2017 Danielle Wojciechowski
AARTFC: 3.20m *

	Name	Yr	School	Finals	
Finals					
1	Gina Dello Russo	SO	Stevens Inst	3.05m	10
2	Elizabeth Swasey	JR	Utica	2.90m	8
3	Megan Elia	JR	Utica	2.75m	6
4	Kaytlin Kelly	FR	St. John Fisher	2.60m	4
5	Madison Nash	JR	Utica	2.60m	1.5
5	Meaghan Romaguera	FR	Utica	2.60m	1.5
---	Mary O'Brien	JR	St. John Fisher	NH	
---	Christina Platt	FR	Utica	NH	

Women Long Jump

Meet: 5.70m & 2012 Emma Dewart
Facility: 5.99m # 12/30/2015 Lanae-Tava Thomas
AARTFC: 5.20m *

	Name	Yr	School	Finals	
Finals					
1	Alycia Atwell-Chwazik	JR	Nazareth	5.55m*	10
2	Tekitha Posey	FR	Utica	5.47m*	8
3	Haley Brust	JR	St. John Fisher	5.42m*	6
4	Stephanie Feathers	FR	Utica	5.14m	4
5	Lauren Wiard	SO	St. John Fisher	5.06m	2
6	Shannon Gleason	FR	Utica	4.86m	1
7	Brittany Charlonne	JR	Utica	4.82m	
8	Michelle Rodriguez	SR	Utica	4.80m	
9	Erica Pawlewicz	JR	St. John Fisher	4.79m	
10	Kalei Brautlacht	SO	Houghton	4.73m	
11	Danielle Perry	SO	Alfred	4.65m	
12	Alexandra Buhrle	FR	St. John Fisher	4.51m	
13	Kali Regan	FR	Utica	4.39m	
14	Amber Schwinn	SO	St. John Fisher	4.34m	
15	Mikaela Hummel	SO	Houghton	4.31m	
---	Kristina Roberts	SO	Alfred	FOUL	
---	Sammi Pearson	SO	Stevens Inst	FOUL	

Women Triple Jump

Meet: 12.07m & 2/1/2014 Emilia Scheemaker
Facility: 12.06m # 12/8/2017 Kirsten O'Malley
AARTFC: 10.70m *

	Name	Yr	School	Finals	
Finals					
1	Alycia Atwell-Chwazik	JR	Nazareth	11.39m*	10
2	Sammi Pearson	SO	Stevens Inst	10.99m*	8
3	Danielle Perry	SO	Alfred	10.50m	6
4	Alexandria Szpila	JR	St. John Fisher	10.22m	4
5	Kristina Roberts	SO	Alfred	10.18m	2
6	Sara Thomas	JR	Nazareth	10.03m	1
7	Kali Regan	FR	Utica	9.99m	
8	Haley Brust	JR	St. John Fisher	9.90m	
9	Kourtnee Allen	SO	Utica	9.06m	
---	Emily Mildner	FR	Utica	DNS	

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Women Shot Put

Meet: 13.07m & 2005 **Allison Griggs**
Facility: 13.06m # 2/14/2015 **Paige Wilson**
AARTFC: 11.60m *

Finals

	Name	Yr	School	Finals	
1	Katie Weeks	SO	Stevens Inst	13.98m&	10
2	Leah Hulbert	SO	St. John Fisher	12.80m*	8
3	Jenifer Stimpson	JR	Utica	11.80m*	6
4	Karlee Strong	FR	St. John Fisher	11.48m	4
5	Emily Fales	JR	Utica	11.01m	2
6	Endi Nardi	FR	Utica	10.98m	1
7	Jordan Lehman	FR	St. John Fisher	10.69m	
8	Margaret McDonald	SR	Houghton	10.56m	
9	Nikki Zizzo	JR	Utica	10.48m	
10	Morgan Rohde	SO	Houghton	10.37m	
11	Brealle Brown	SO	Utica	9.93m	
12	Elizabeth Izydorczak	FR	St. John Fisher	9.67m	
13	Stephanie Feathers	FR	Utica	9.41m	
14	Shannon Gleason	FR	Utica	9.40m	
15	Molly Ferguson	JR	Utica	9.34m	
16	Elizabeth Larson	FR	St. John Fisher	8.71m	

Women Weight Throw 20 lb.

Meet: 18.28m & 2/13/2016 **Brandy Smith**
Facility: 17.68m # 2/12/2017 **Brianna McKenzie**
AARTFC: 14.45m *

Finals

	Name	Yr	School	Finals	
1	Katie Weeks	SO	Stevens Inst	16.82m*	10
2	Leah Hulbert	SO	St. John Fisher	14.49m*	8
3	Brynn Hyde	SR	Alfred	14.16m	6
4	Brealle Brown	SO	Utica	14.00m	4
5	Emily Fales	JR	Utica	13.33m	2
6	Molly Ferguson	JR	Utica	12.80m	1
7	Jordan Lehman	FR	St. John Fisher	12.00m	
8	Elizabeth Larson	FR	St. John Fisher	11.88m	
9	Nikki Zizzo	JR	Utica	11.86m	
10	Margaret McDonald	SR	Houghton	11.55m	
11	Karlee Strong	FR	St. John Fisher	11.34m	
12	Elizabeth Izydorczak	FR	St. John Fisher	11.00m	
13	Morgan Rohde	SO	Houghton	10.78m	
14	Maggie Botrous	FR	Stevens Inst	8.99m	
---	Ciara Woodin	FR	Houghton	FOUL	
---	Ashley Liddiard	FR	Houghton	FOUL	
---	Aneesa Lewis	SO	Utica	DNS	

Women - Team Rankings - 16 Events Scored

1)	Stevens Institute	142.5
2)	Utica	135
3)	St. John Fisher	80
4)	Nazareth	71
5)	Houghton	44
6)	Alfred	22.5

Men - Team Rankings - 16 Events Scored

1)	St. John Fisher	161
2)	Stevens Institute	153.5
3)	Utica	108.5
4)	Alfred	28
5)	Houghton	26
6)	Nazareth	19